

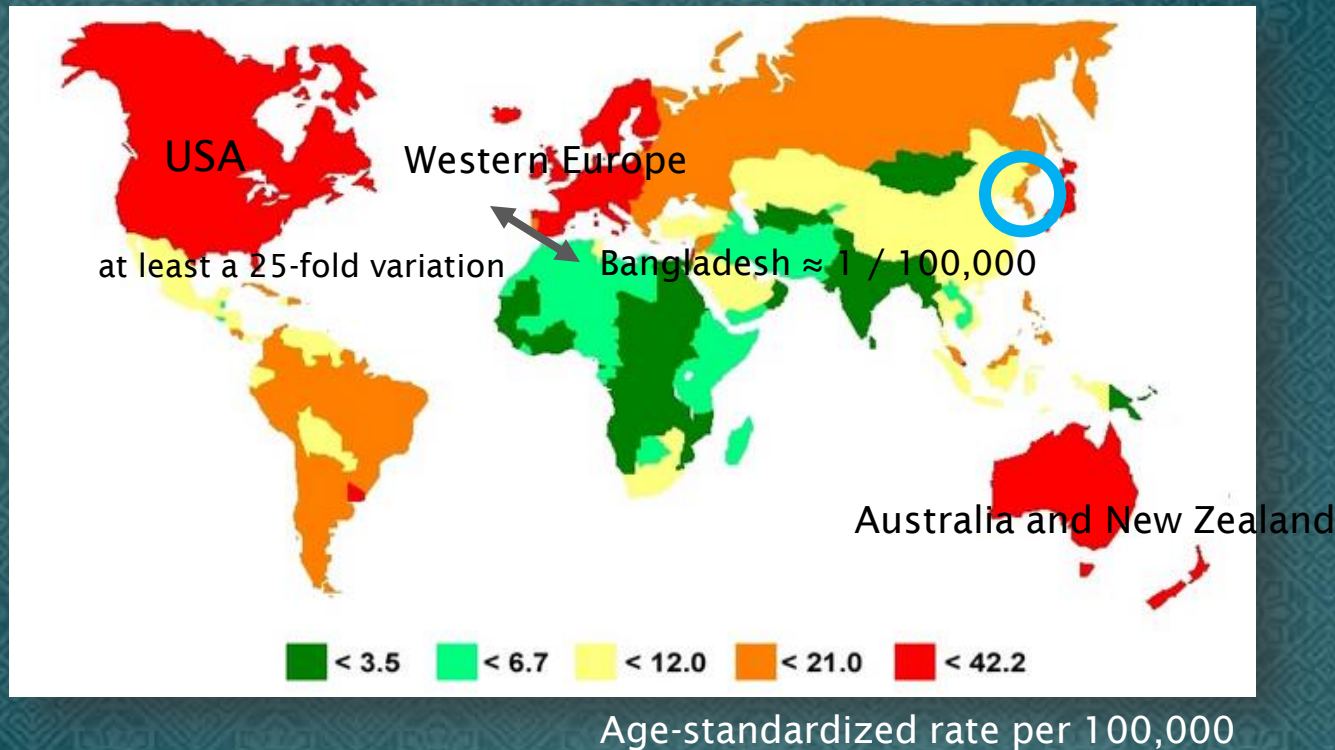
대장암과 대장용종

홍 성 노

삼성서울병원 소화기내과

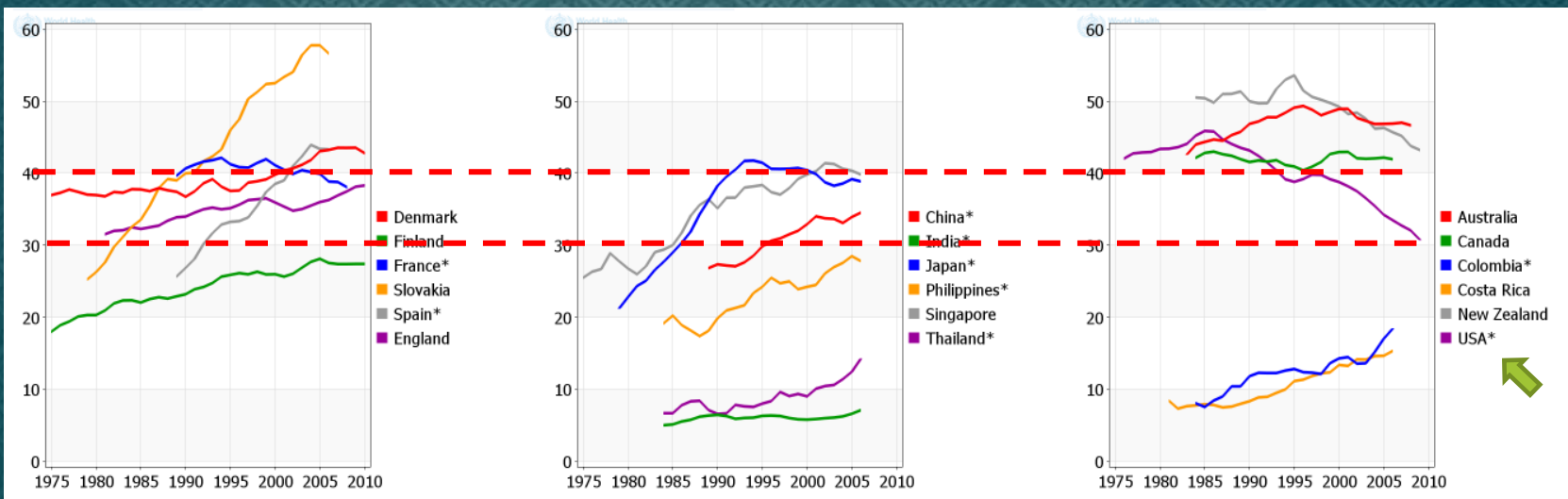
Distribution of Colorectal Cancer (CRC) Worldwide (GLOBOCAN 2002)

About 1 million new cases of CRC were diagnosed in 2002 (9.4% of all cancer diagnoses worldwide)

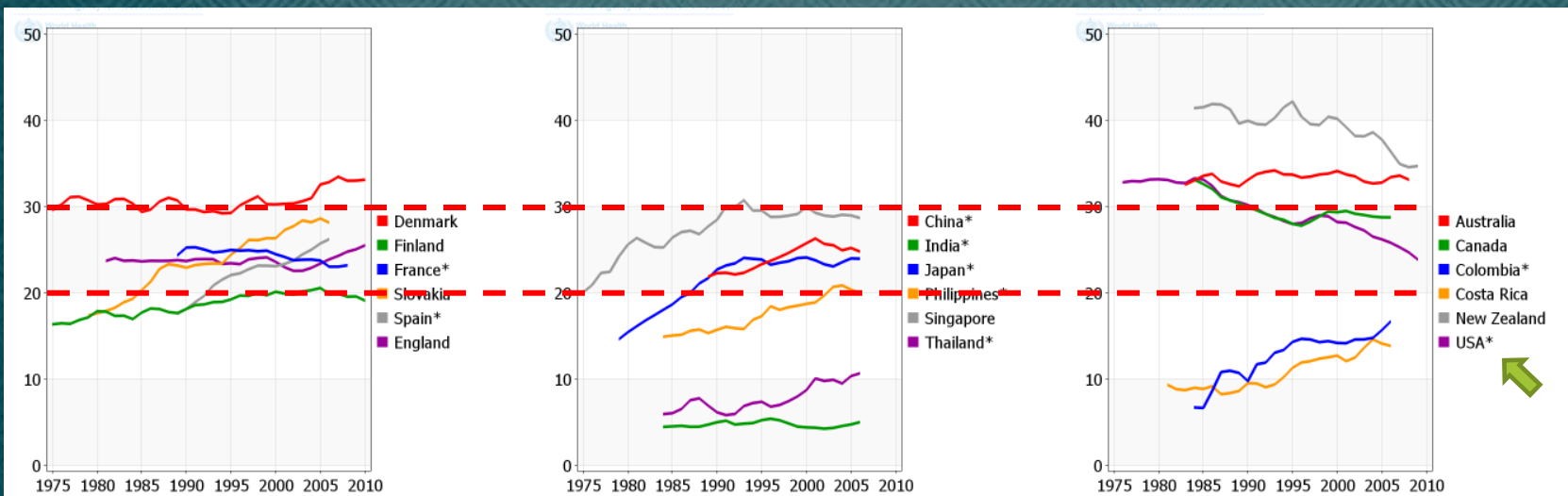


- Overall the average rate of colorectal cancer amongst males in countries defined by the WHO as 'less developed' is around **20%** of that in the industrialized west.

Trends in incidence of colorectal cancer in selected countries (GLOBOCAN 2012)

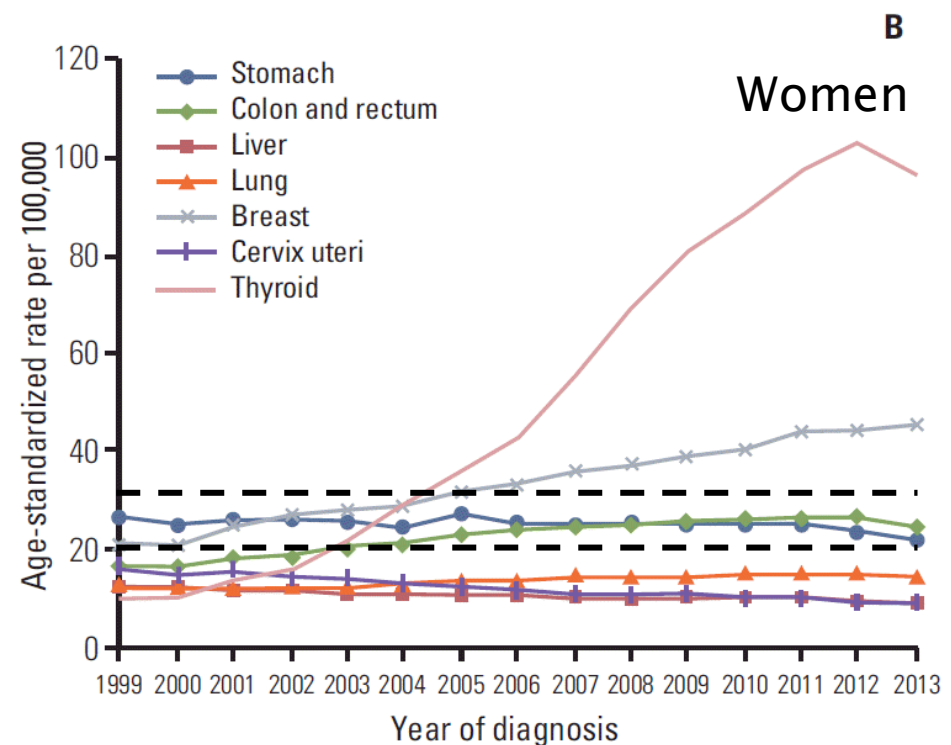
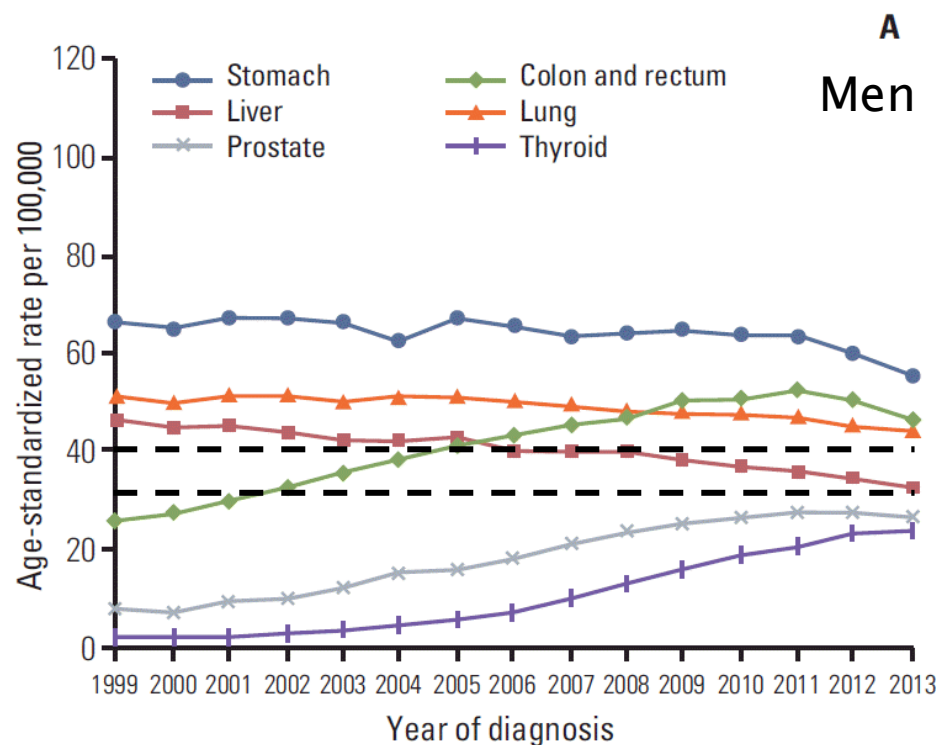


/10⁵ men



/10⁵ women

Trends in age-standardized incidences of selected cancers from 1999 to 2013 in Korea



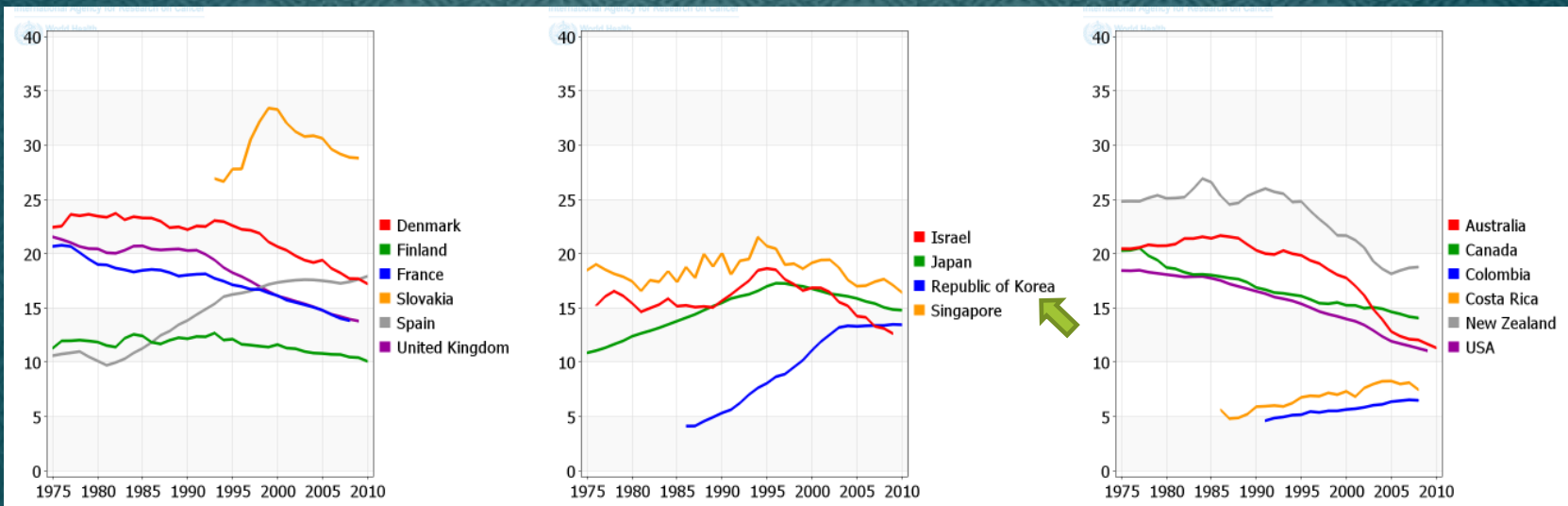
Colonic Epithelial Tumors	Risk of malignant transformation (% of LN metastasis)	WHO (Western viewpoint)
Non-neoplastic lesion		
Hyperplastic polyp	No	K635
Neoplastic lesion		
Adenoma, low grade dysplasia		D12
Adenoma, high grade dysplasia	Low (<1)	D01
<u>Carcinoma</u> in situ		D01
Intraepithelial <u>carcinoma</u>		D01
Intramucosal <u>carcinoma</u> (lamina propria invasion)		D01
Colorectal cancer (invasion to submucosa)		
SM invasion < 1000 μm	Intermediate (1-4.8)	C18, C19, C20
SM invasion > 1000 μm, poorly diff., lymphovascular inv., and budding	High (10)	

Traditional Japanese Viewpoint

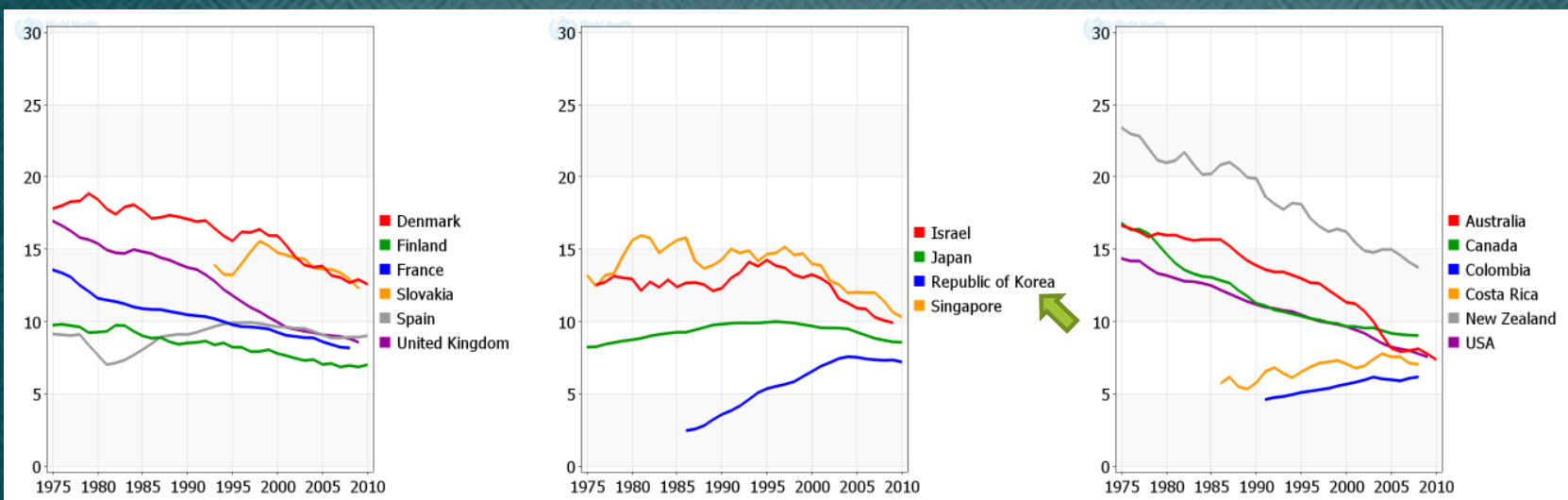
Gastrointest Endosc 2009;70:1182-99.

Traditional
Japanese
Viewpoint

Trends in mortality from colorectal cancer in selected countries (GLOBOCAN 2012)

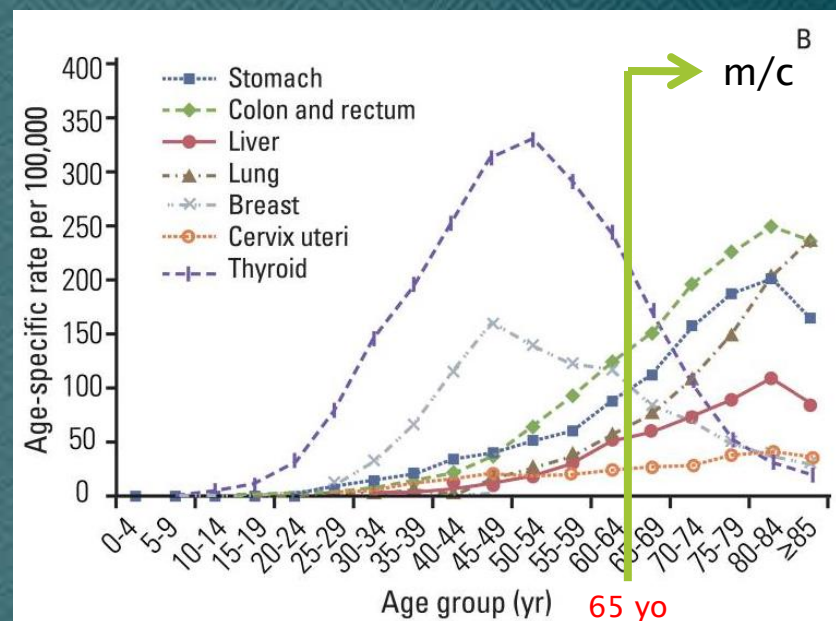
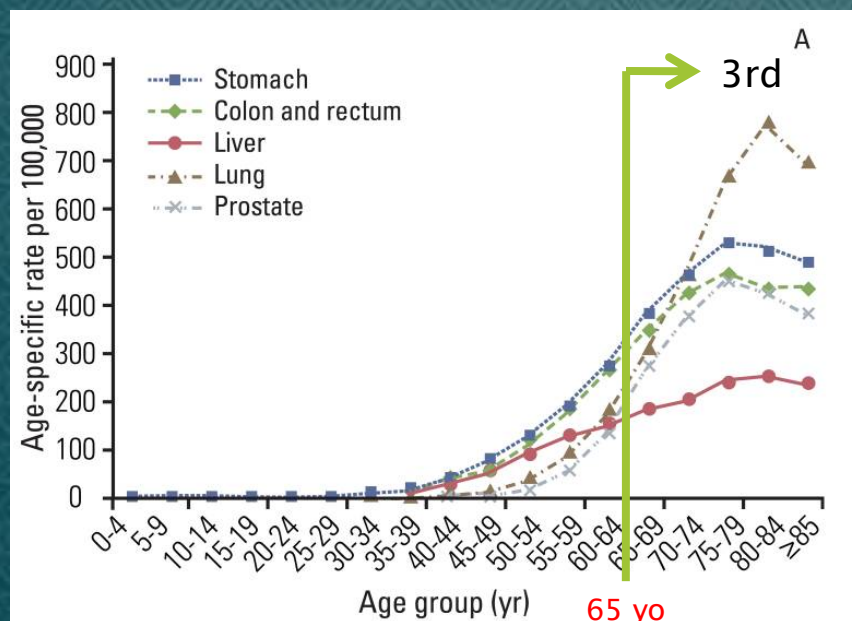


/10⁵ men



/10⁵ women

Age-specific incidences of CRC



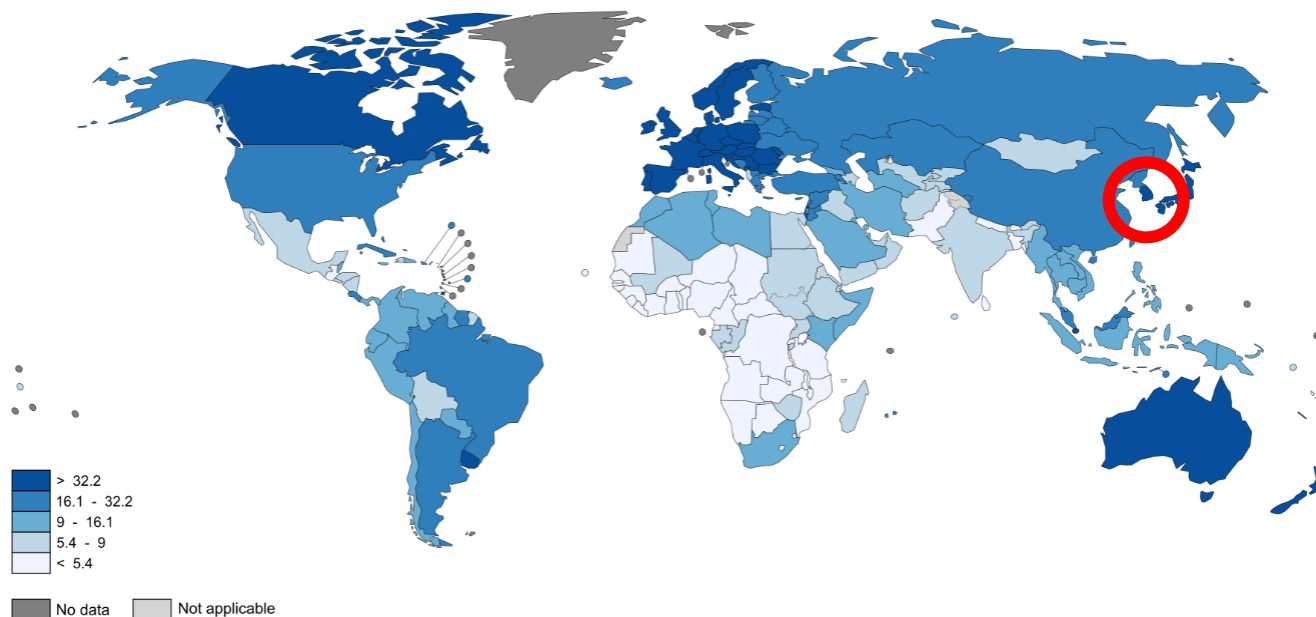
Projected age-specific incidences of major cancers during 2012 in Korea.
(A) Male. (B) Female.

Cancer Res Treat 2012; 44: 25-31.

Distribution of Colorectal Cancer (CRC) Worldwide (GLOBOCAN 2012)

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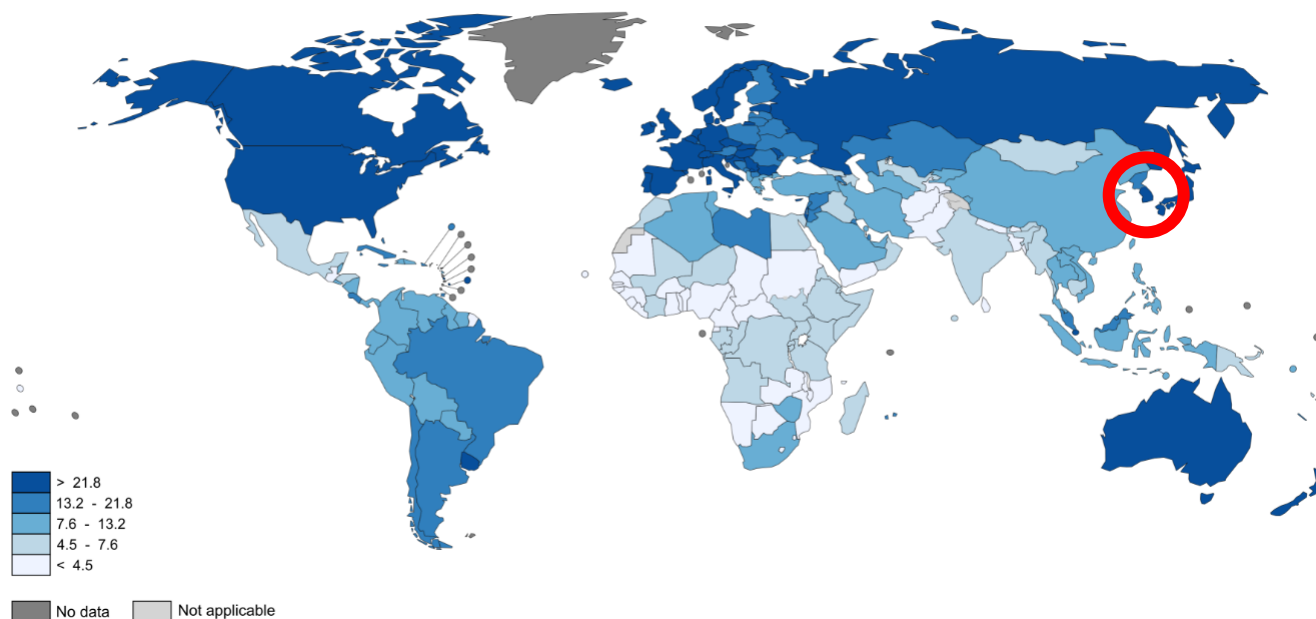
▲ Estimated Colorectal Cancer Incidence Worldwide in 2012: Men



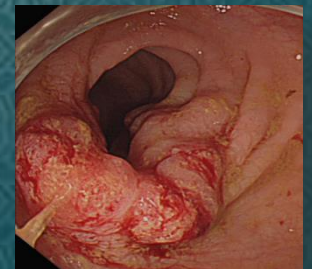
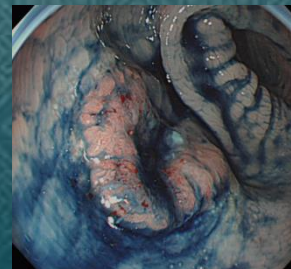
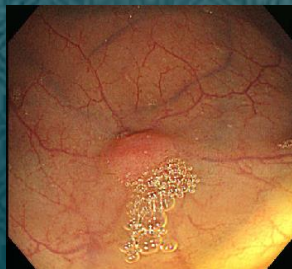
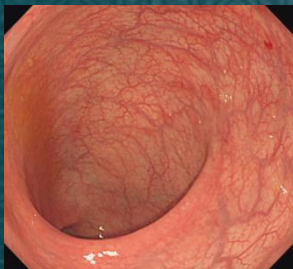
Distribution of Colorectal Cancer (CRC) Worldwide (GLOBOCAN 2012)

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▲ Estimated Colorectal Cancer Incidence Worldwide in 2012: Women



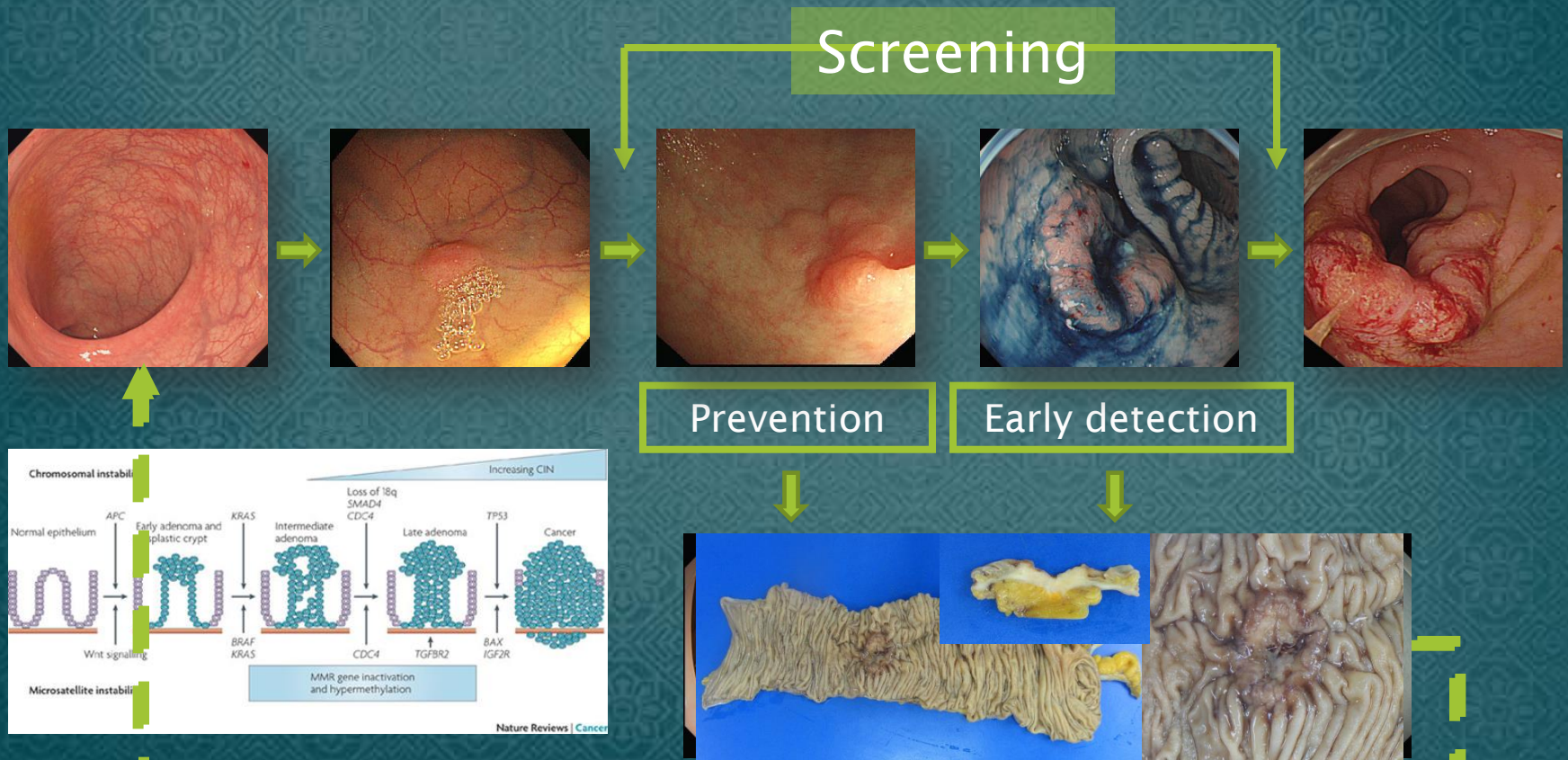
Carcinogenesis of colorectal cancer: Opportunity for CRC Screening



Colorectal Carcinogenesis

Colorectal Carcinogenesis

✿ Adenoma-Carcinoma sequence



대장암은 예방 가능한 암

✿ 대장암은 예방 가능한 암이란 인식과 이에 대한 관심 증가

대장암은 예방 가능한 암

✿ 대장암은 예방 가능한 암이란 인식과 이에 대한 관심 증가



대장암 검진

영을 극복하는 최선의 방법은 정기검진으로 조기 암을 발견하여 치료하는 것입니다.

☆☆ 2단계 검진인 분변잠혈검사(대변검사)결과 '양성'자에 한하여 실시합니다.

○ 만 50세 이상 남녀는 1년마다 분변잠혈검사(대변검사)를 받습니다.

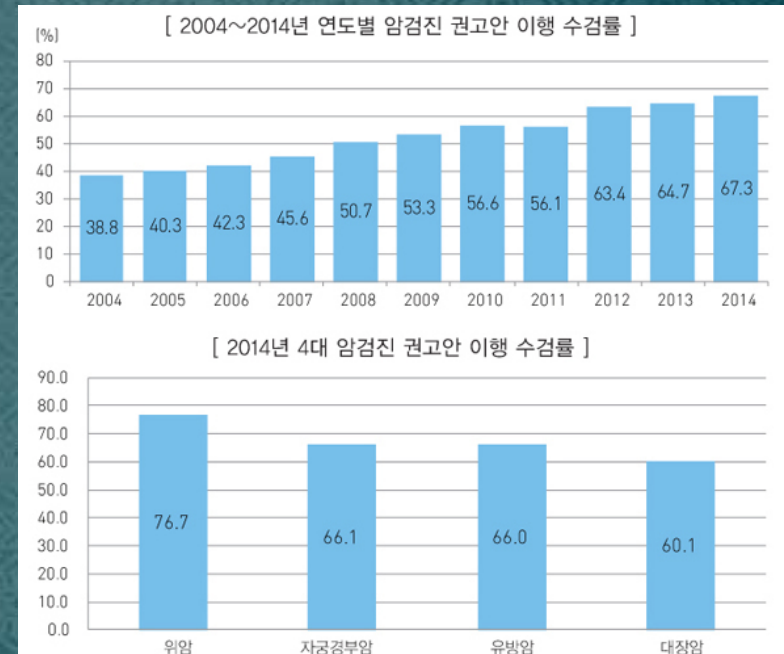
50세 이상 대상자

● 분변잠혈검사(대변검사) 채취방법
채변통에 변을 발아서 하는 검사로서, 대변의 3곳 이상을 깊이 팔러서 충분히 양의 분변을 깨끗한 채변통에 담아 서늘한 곳이나 냉장보관 하신다가 검진기관에 제출하시면 됩니다.

● 주의사항
분변잠혈검사(대변검사)를 실시하지 않고 대장내시경 또는 대장이중조영 촬영검사를 받은 경우에는 검사비용을 전액 본인이 부담하셔야 합니다.

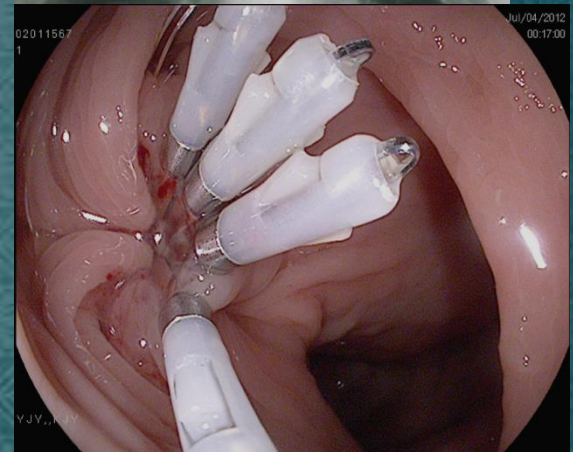
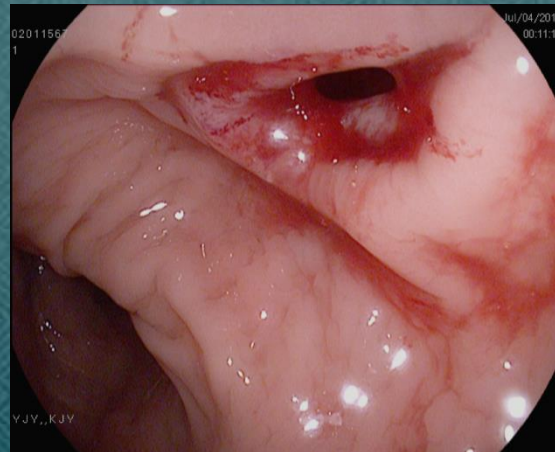
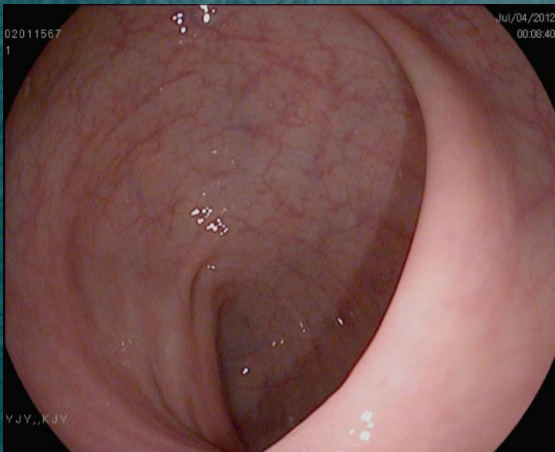
검사항목	10% 본인부담 비용	대상자
문진 및 진찰, 상담	618원	만 50세 이상 남, 여
분변잠혈검사	340 ~ 504원	
대장이중조영 촬영검사	8,128 ~ 9,283원	
대장내시경검사	7,611 ~ 7,696원	
조직검사	5,715 ~ 8,816원	

* 검진비용은 국민건강보험공단이 90% 수검자가 10%를 부담합니다. (본인부담비용은 건강보험요양급여비용 개청시 변할 수 있습니다.)
* 단, 국가합검진 대상자, 의료급여수급자, 생애전환기 건강진단 대상자는 본인부담이 없습니다.
* 정해진 항목 이외의 검사 시 본인부담금이 발생할 수 있습니다(진수연료세 및 약제비 등)



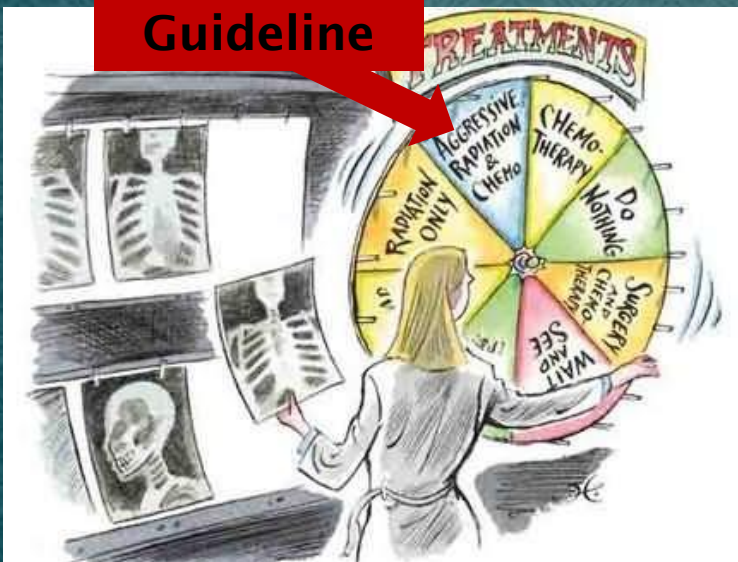
38/M

- ✿ 대장암 가족력 (-)
- ✿ 과거력: 대장질환(-)
- ✿ 소화기 증상 (-)
- ✿ 직장 건강검진 대장내시경검사



Evidence-based medicine

Guideline



Evidence-based health care can improve those odds, save lives and cut health care costs

2012 대장폴립의 진료 가이드라인

Korean J Gastroenterol Vol. 59 No. 2, 65-84
http://dx.doi.org/10.4166/kjg.2012.59.2.65

SPECIAL REVIEW

대장암 선별과 대장폴립 진단검사 가이드라인

이보인¹, 홍성필², 김성온³, 김세형⁴, 김현수⁵, 홍성노⁶, 양동훈⁷, 신성재⁸, 이석호⁹, 김영호¹⁰, 양석균¹¹, 김효종¹², 대한회기반 대장폴립 진료 가이드라인 개발 실무위원회
가톨릭대학교 의과대학¹, 연세대학교 의과대학², 이화여자대학교 의학전문대학원³, 내과학교실, 서울대학교 의과대학⁴, 연세대학교 의과대학⁵, 건국대학교 의학전문대학원⁶, 울산대학교 의과대학⁷, 아주대학교 의과대학⁸, 순천향성균관대학교 의과대학⁹, 내과학교실, 고려대학교 의과대학 예방의학교실¹⁰, 경희대학교 의과대학 내과학교실¹¹, 의학전문대학원 영상의학교실¹²

Korean Guidelines for Colorectal Cancer Screening and Polyp Detection

Bo In Lee¹, Sung Pil Hong², Seong-Eun Kim³, Se Hyung Kim⁴, Hyun-So Kim⁵, Sung Noh Hong⁶, Dong-Hoon Suck-Ho Lee⁷, Young-Ho Kim⁸, Dong Il Park⁹, Hyun Jung Kim¹⁰, Suk-Hyun Yang¹¹, Hyo Jong Kim¹², Hae Jeon Task Force for Development of Guidelines for Colorectal Polyp Screening, Surveillance and Management
Department of Internal Medicine, The Catholic University of Korea College of Medicine¹, Seoul, Yonsei University School of Medicine², Seoul, Department of Radiology, Seoul National University School of Medicine³, Seoul, Department of Internal Medicine, Yonsei University College of Medicine⁴, Wonju, Konkuk University School of Medicine⁵, Seoul, Aju University School of Medicine⁶, Suwon, Soonchunhyang University School of Medicine⁷, Seoul, Department of Preventive Medicine, Seoul National University College of Medicine⁸, Seoul, Department of Internal Medicine, Kyunghee University College of Medicine⁹, Seoul, Department of Internal Medicine¹⁰, Seoul, Korea

Colorectal cancer is the second most common cancer in males and the fourth most common in females. The most of colorectal cancer occur through the prolonged transformation of adenomas into carcinomas. Removal of colorectal adenomas are one of the most effective methods to prevent colorectal cancer. Concomitant incidence of colorectal cancer and polyps in Korea, it is very important to establish Korean guideline screening and polyp detection. Korean Multi-Society Task Force developed the guidelines with evidence of the statements drawn by systematic reviews and meta-analyses. Herein we discussed the epidemiology and adenomas in Korea, optimal screening methods for colorectal cancer, and detection for adenomas blood tests, radiologic tests, and endoscopic examinations. (Korean J Gastroenterol 2012;59:65-84)

Key Words: Early detection of cancer; Colorectal neoplasms; Occult blood; Colonoscopy; Colonography, I

Korean J Gastroenterol Vol. 59 No. 2, 99-117
http://dx.doi.org/10.4166/kjg.2012.59.2.99

SPECIAL REVIEW

폴립절제 후 추적대장내시경검사 가이드라인

홍성노¹, 양동훈², 김영호³, 홍성필⁴, 신성재⁵, 김성온⁶, 이보인⁷, 이석호⁸, 박동일⁹, 김현수¹⁰, 김세형¹¹, 김현정¹², 대한회기반 대장폴립 진료 가이드라인 개발 실무위원회
건국대학교 의학전문대학원¹, 울산대학교 의과대학², 성균관대학교 의과대학³, 연세대학교 의과대학⁴, 아주대학교 의과대학⁵, 의학전문대학원⁶, 가톨릭대학교 의과대학⁷, 순천향대학교 의과대학⁸, 연세대학교 원주의과대학⁹, 내과학교실, 서울대학교 의과대학 영상의학교실¹⁰, 고려대학교 의과대학 예방의학교실¹¹

Korean Guidelines for Post-polypectomy Colonoscopic Surveillance

Sung Noh Hong¹, Dong-Hoon Yang², Young-Ho Kim³, Sung Pil Hong⁴, Sung Jae Shin⁵, Seong-Eun Kim⁶, Bo In Lee⁷, Hyun-So Kim⁸, Suk-Hyun Yang⁹, Hyo Jong Kim¹⁰, Se Hyung Kim¹¹, Hyun Jung Kim¹², Multi-Society Task Force for Development of Guidelines for Colorectal Polyp Screening, Surveillance and Management
Department of Internal Medicine, Konkuk University School of Medicine¹, Seoul, University of Ulsan College of Medicine², Seoul, Sungkyunkwan University School of Medicine³, Seoul, Yonsei University College of Medicine⁴, Seoul, Aju University School of Medicine⁵, Suwon, Ewha Womans University School of Medicine⁶, Seoul, The Catholic University of Korea College of Medicine⁷, Seoul, Department of Radiology, Seoul National University College of Medicine⁸, Wonju, Kyunghee University School of Medicine⁹, Seoul, Department of Internal Medicine, Kyunghee University College of Medicine¹⁰, Seoul, Department of Preventive Medicine, Korea University College of Medicine¹¹, Seoul, Korea

Post-polypectomy surveillance has become a major indication for colonoscopy as a result of increased incidence in Korea. However, because the medical resource is limited, and the first screening colonoscopy effect on reducing the incidence and mortality of colorectal cancer, there is a need to increase the efficient surveillance. In the present report, a careful analytic approach was used to address all available evidence predictors for advanced neoplasia at surveillance colonoscopy. Based on the results of review of the evidence the high risk findings of the index colonoscopy as follows: 1) 3 or more adenomas, 2) any adenoma 3) any tubulovillous or villous adenoma, 4) any adenoma with high-grade dysplasia, and 5) any sessile 10 mm. In patients without any high-risk findings at the index colonoscopy, surveillance colonoscopy five years after index colonoscopy. In patients with one or more high risk findings, surveillance colonoscopy three years after polypectomy. However, the surveillance interval can be shortened considering the quality of the completeness of polyp removal, the patient's general condition, and family and medical history. It cannot totally take the place of clinical judgments made by practitioners and should be revised and future as new evidence becomes available. (Korean J Gastroenterol 2012;59:99-117)

Key Words: Colorectal polyp; Colonoscopy; Polypectomy; Surveillance; Guideline

Korean J Gastroenterol Vol. 59 No. 2, 85-98
http://dx.doi.org/10.4166/kjg.2012.59.2.85

SPECIAL REVIEW

대장폴립절제술 가이드라인

이석호¹, 신성재², 박동일³, 김성온⁴, 홍성필⁵, 홍성노⁶, 양동훈⁷, 이보인⁸, 김영호⁹, 김현수¹⁰, 양석균¹¹, 김효종¹², 대한회기반 대장폴립 진료 가이드라인 개발 실무위원회

순천향대학교 의과대학¹, 아주대학교 의과대학², 성균관대학교 의과대학³, 이화여자대학교 의학전문대학원⁴, 연세대학교 의과대학⁵, 건국대학교 의과대학⁶, 울산대학교 의과대학⁷, 가톨릭대학교 의과대학⁸, 연세대학교 원주의과대학⁹, 경희대학교 의과대학¹⁰, 내과학교실, 서울대학교 의과대학 영상의학교실¹¹, 고려대학교 의과대학 예방의학교실¹²

Korean Guidelines for Colonoscopic Polypectomy

Suck-Ho Lee¹, Sung Jae Shin², Dong Il Park³, Seong-Eun Kim⁴, Sung Pil Hong⁵, Sung Noh Hong⁶, Dong-Hoon Yang⁷, Bo In Lee⁸, Young-Ho Kim⁹, Hyun-So Kim¹⁰, Suk-Hyun Yang¹¹, Hyo Jong Kim¹², Multi-Society Task Force for Development of Guidelines for Colorectal Polyp Screening, Surveillance and Management

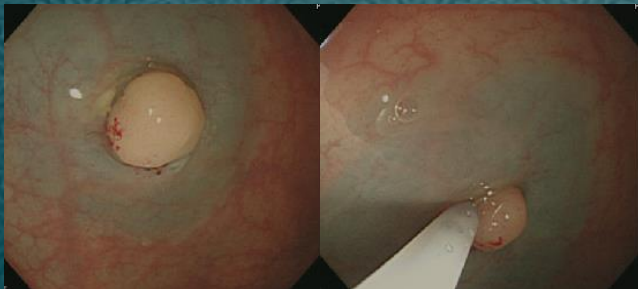
Department of Internal Medicine, Soonchunhyang University College of Medicine¹, Cheonan, Aju University School of Medicine², Suwon, Sungkyunkwan University School of Medicine³, Seoul, Ewha Womans University School of Medicine⁴, Seoul, Yonsei University College of Medicine⁵, Seoul, Konkuk University School of Medicine⁶, Seoul, University of Ulsan College of Medicine⁷, Seoul, The Catholic University of Korea College of Medicine⁸, Seoul, Yonsei University Wonju College of Medicine⁹, Wonju, Kyunghee University College of Medicine¹⁰, Seoul, Department of Radiology, Seoul National University College of Medicine¹¹, Seoul, Department of Preventive Medicine, Korea University College of Medicine¹², Seoul, Korea

There are indirect evidences to suggest that 80% of colorectal cancers (CRC) develop from adenomatous polyps and that, on average, it takes 10 years for a small polyp to transform into invasive CRC. In multiple cohort studies, colonoscopic polypectomy has been shown to significantly reduce the expected incidence of CRC by 76% to 90%. Colonoscopic polypectomy is performed frequently in primary, secondary and tertiary and medical centers in Korea. However, there are no evidence-based, procedural guidelines for the appropriate performance of this procedure, including the technical aspects. For the guideline presented here, PubMed, Medline, and Cochrane Library literature searches were performed. When little or no data from well-designed prospective trials were available, an emphasis was placed on the results from large series and reports from recognized experts. Thus, these guidelines for colonoscopic polypectomy are based on a critical review of the available data as well as expert consensus. Further controlled clinical studies are needed to clarify aspects of this statement, and revision may be necessary as new data become available. This guideline is intended to be an educational device to provide information that may assist endoscopists in providing care to patients. This guideline is not a rule and should not be construed as a legal standard of care or as encouraging, advocating, requiring, or discouraging any particular treatment. Clinical decisions for any particular case involve a complex analysis of the patient's condition and the available courses of action. (Korean J Gastroenterol 2012;59:85-98)

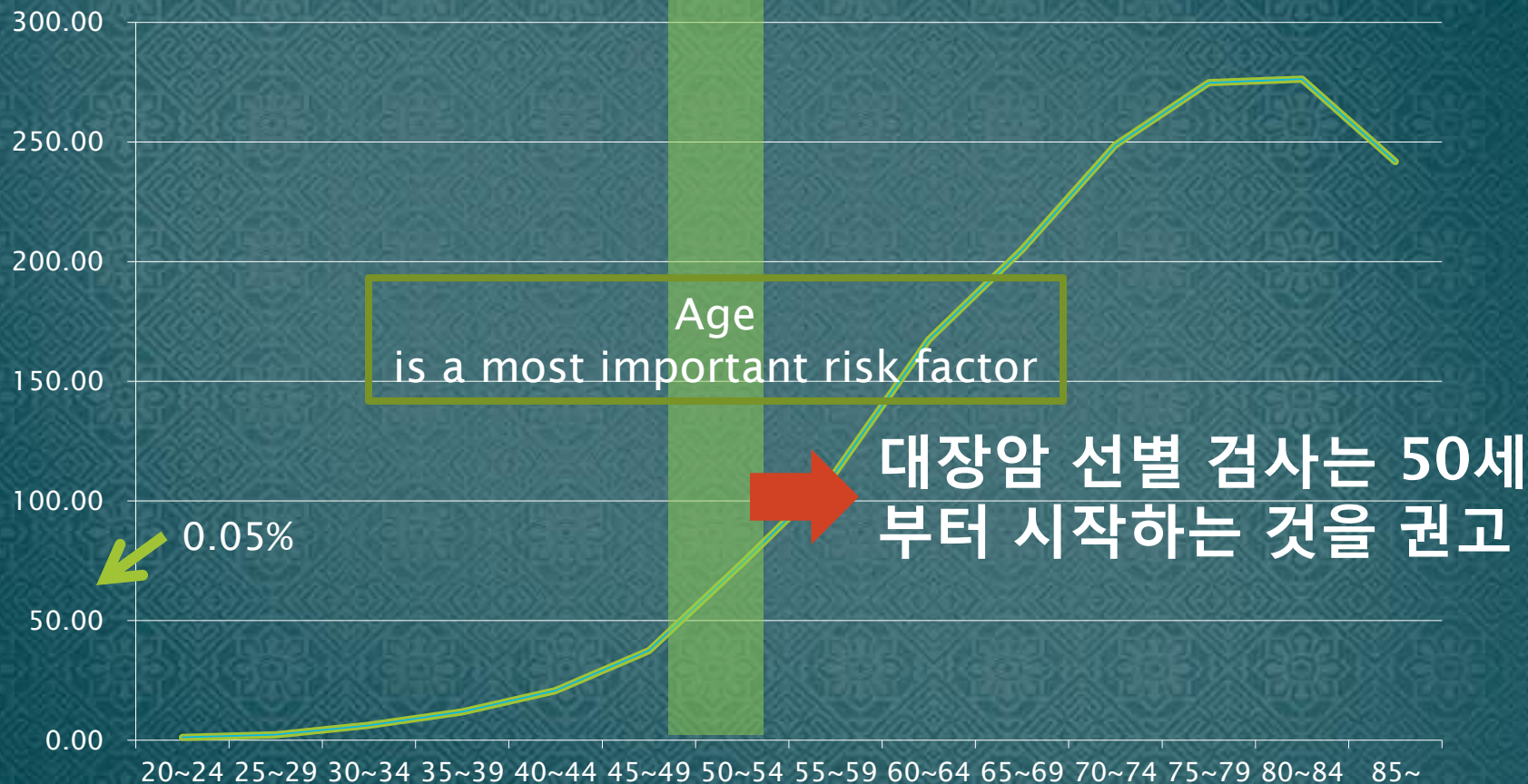
Key Words: Colonoscopy; Polypectomy; Guideline

KJG

Who Should Get Screened?



CRC incidence per 100,000 in Korean

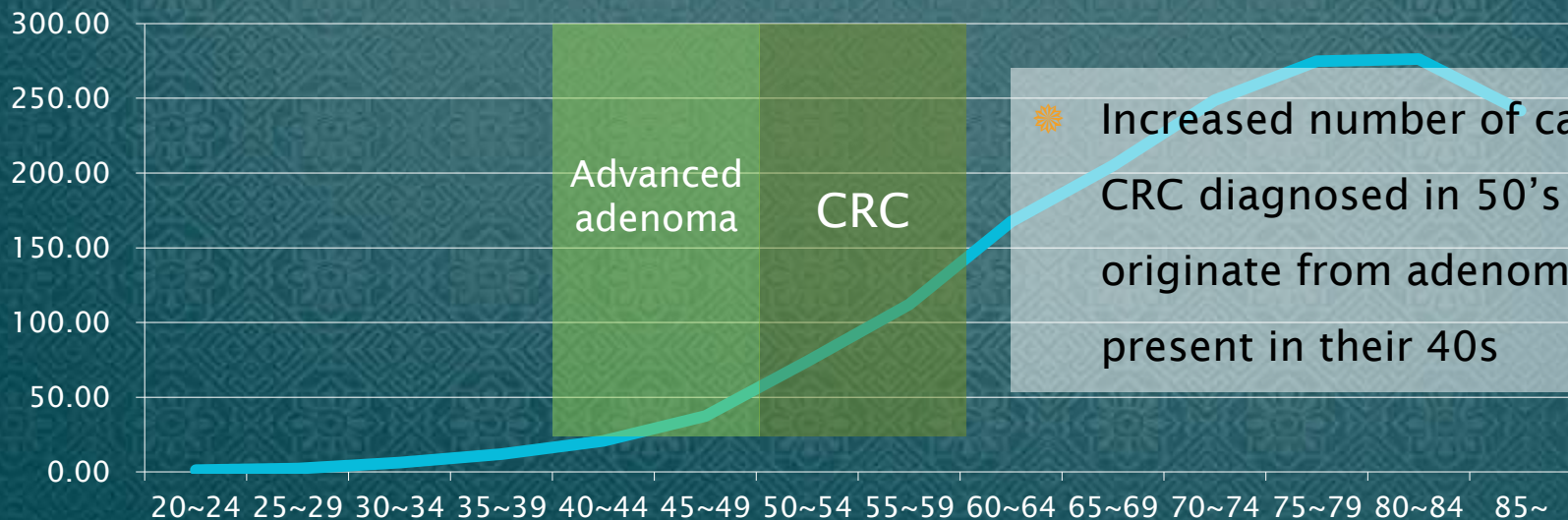


Colorectal Carcinogenesis



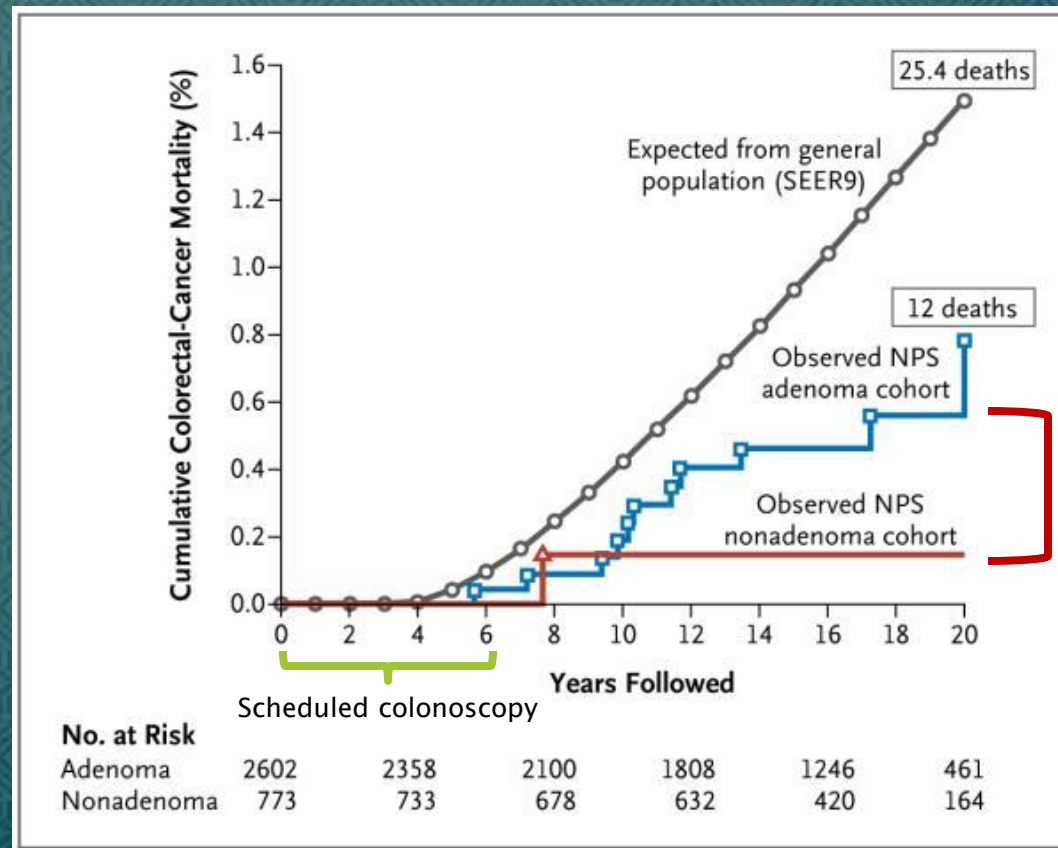
10% for 5-10 years \approx 1% / year

Stryker. Gastroenterology 1987



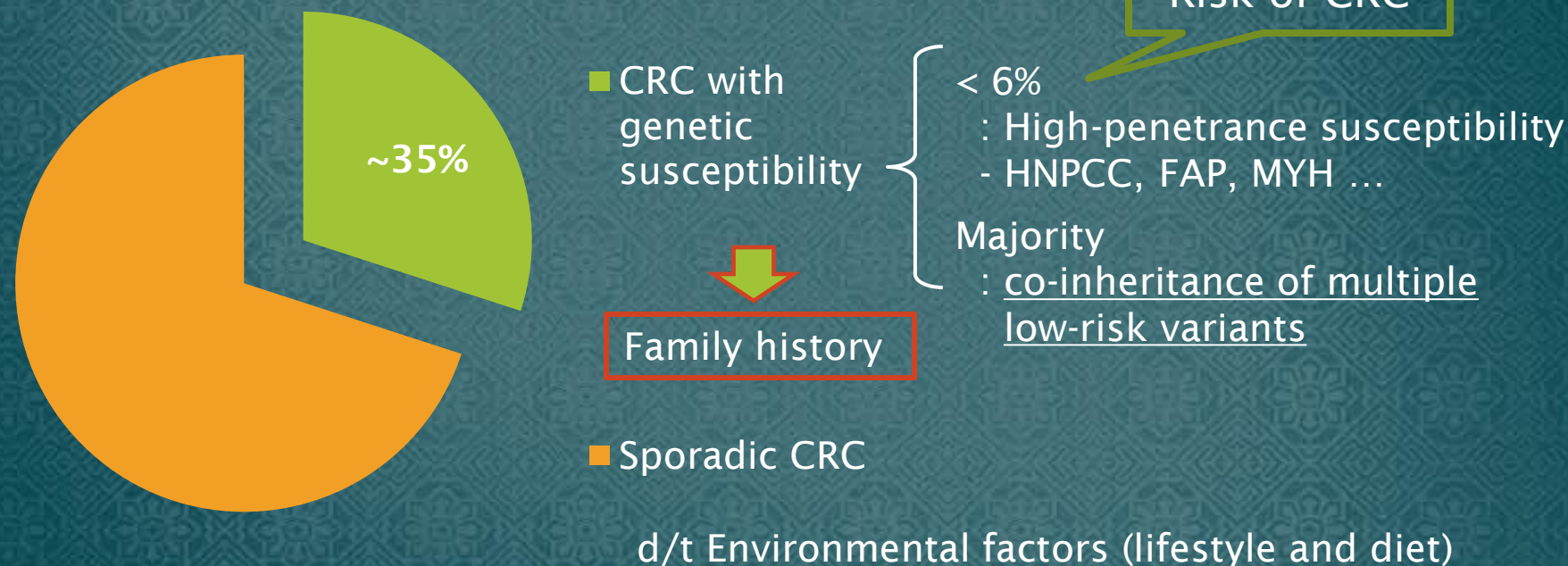
Individuals with an increased risk of CRC under 50 years of age

1. Past history of colorectal neoplasia



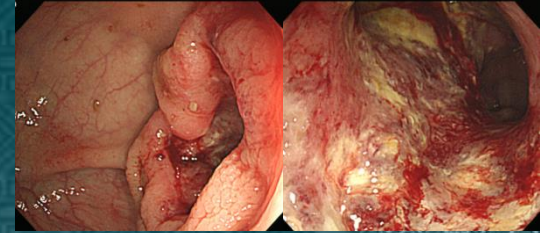
Individuals with an increased risk of CRC under 50 years of age

2. Genetic predisposition of CRC



3. Inflammatory bowel disease

Familial risk of CRC



Familial setting			RR	95%CI
First degree relative (FDR)				
	One FDR with CRC		2.25	2.00- 2.53
		<45 y	3.87	2.40- 6.22
		45-59 y	2.25	1.85-2.72
		≥ 60 y	1.82	1.47-2.25
	Only two FDRs		3.76	2.56-5.51
	Two or more FDRs with CRC		4.25	3.01-6.02
	One FDR with an <u>adenoma</u> <60y		1.99	1.55 - 2.55
Second degree relative				
	One second or third DR with CRC		1.50	
	Two second-degree relatives with CRC		2.30	

40세

혹은

가장 어린 나이에
발병한 직계 가족
보다 **10년 먼저**
→ 대장내시경검사

40세

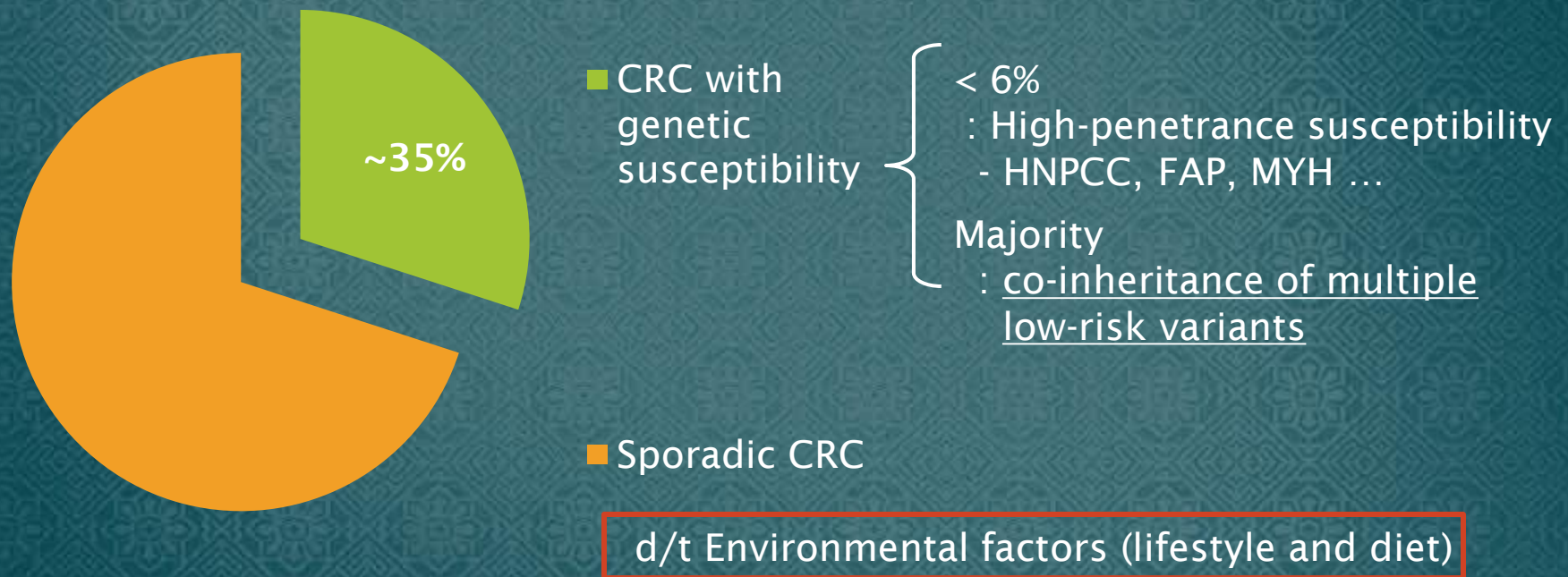
→ 대장내시경검사

50세

= average-risk

Individuals with an increased risk of CRC under 50 years of age

2. Genetic predisposition of CRC



3. Inflammatory bowel disease

Dietary and lifestyle factors thought to exert adverse effects on colorectal neoplasia

.....

Factor	World Cancer Research Fund (1997)*	Current assessment†
Low physical activity	Convincing (colon only)	Convincing (colon only)
High body mass	Possible (colon only)	Convincing (colon only)
Red meat	Probable	Probable
Processed meat	Possible	Probable
Heavily cooked meat	Possible	Possible
Glycemic load	N/A	Possible
Total fat	Possible	Insufficient
Iron	Possible	Insufficient



Obesity

* Table adapted from World Cancer Research Fund. Food, Nutrition and the Prevention of Cancer: a Global Perspective. Washington DC: American Institute for Cancer Research; 1997

† Table adapted from Jonhson et al. Aliment Pharmacol Ther 2007

Individuals with an increased risk of CRC under 50 years of age

2. Genetic predisposition of CRC

3. Inflammatory bowel disease

- * Meta-analysis (Eaden et al. Gut 2001)

- : CRC risk after 10, 20, and 30 yrs of IBD = 2%, 8%, and 18%

- * Calculated incidence rate ratios for CRC in IBD patients

- * Crohn's disease = 2.64 (95%CI 1.69-4.12)

- * Ulcerative colitis = 2.75 (95%CI 1.91-3.97)

Bernstein et al. Cancer 2001

- * Korean Multi-center study (Kim et al. JGH 2009)

- : Cumulative risk of UC-ass. CRCs for 10, 20, and 30 yrs
= 0.7%, 7.9%, and 33.2%

Individuals with an increased risk of CRC under 50 years of age

☀ Summary of AGA Guidelines 2010

1. Screening colonoscopy 8 years after onset of symptoms
2. Left-sided/extensive colitis: start surveillance within 2 yrs after initial screening
3. Repeat surveillance every 1-3 years
4. Biopsies should be taken of each anatomic section of the colon
5. Patients with PSC: start annual surveillance after this diagnosis
6. Ideally, surveillance colonoscopy should be performed when remission is achieved
7. A positive family history in first-degree relatives, ongoing active inflammation, anatomic abnormalities, or multiple inflammatory pseudopolyps may benefit from more frequent surveillance colonoscopies

대장암 발생 위험 구분

Stratification of risk of CRC

✿ 대장암의 발생 위험은 개인마다 다름

✿ 고려 사항

- ✱ 첫째, 이전에 대장샘종이나 대장암의 과거력
- ✱ 둘째, 대장암과 대장샘종의 가족력
- ✱ 셋째, 염증성 장질환과 같은 대장 질환 유무

(-)
(-)
(-)

✿ 대장암 연관 증상 (+)

평균 위험(Average-risk)군

진단검사(Diagnostic tests)

선별검사(Screening test)

Screening Option

Cancer prevention tests vs. cancer detection tests

대장암 발생 위험 구분

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(+)
(+)
(+)

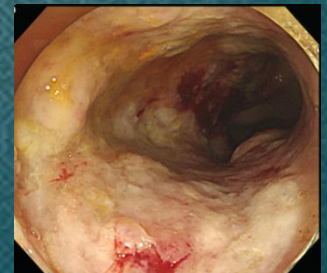
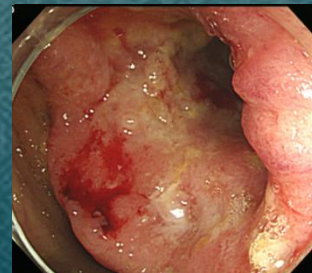
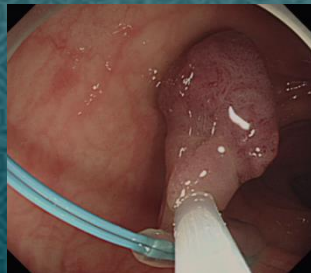
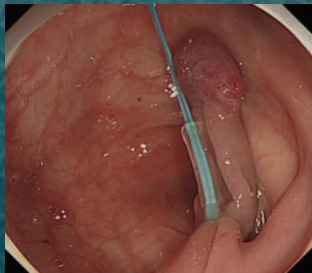
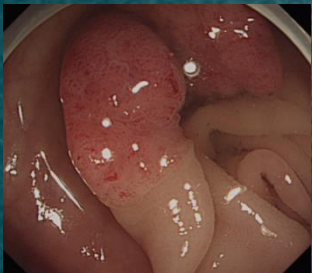
고위험 (High-risk) 군

감시(Surveillance)

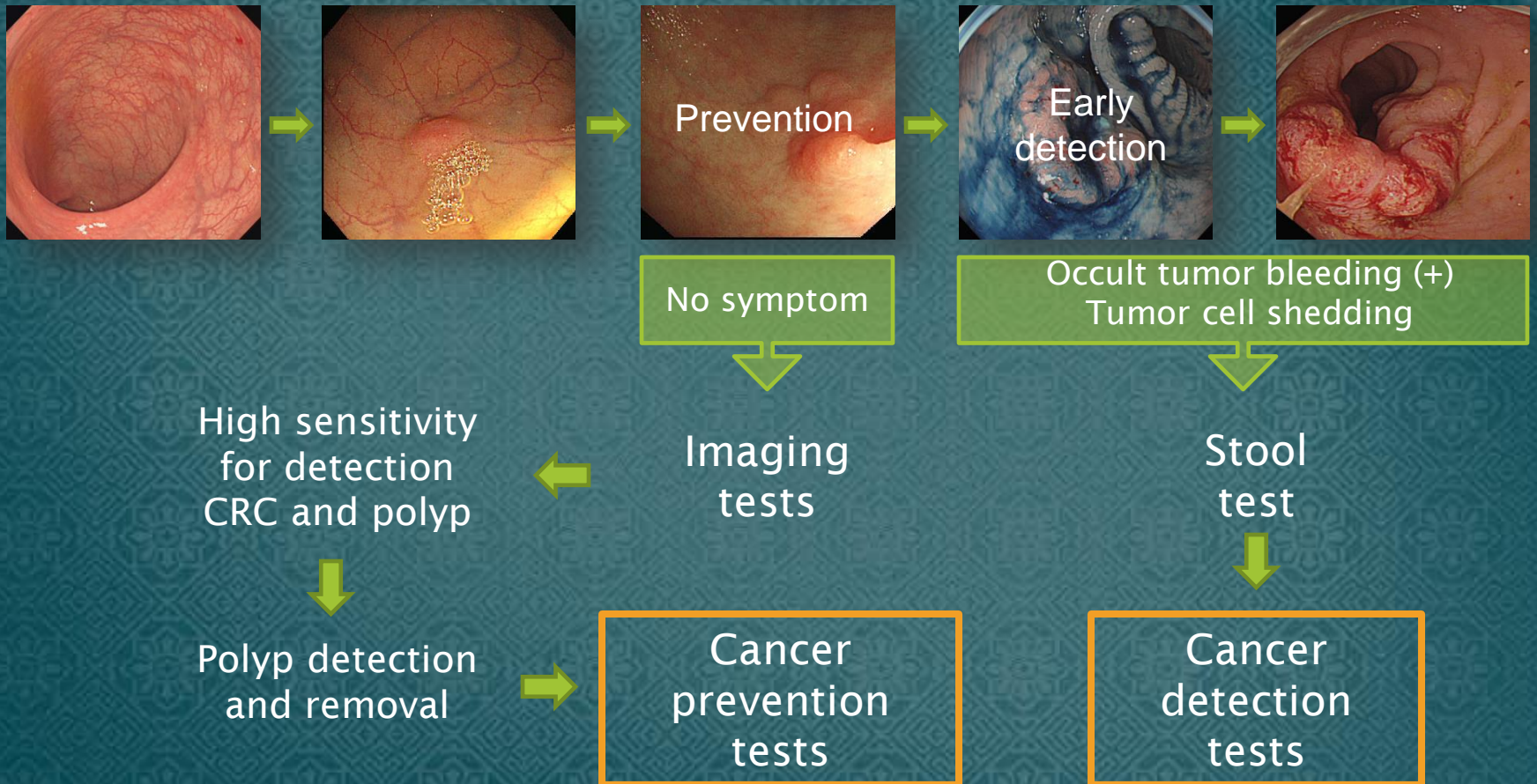
대장내시경검사(Colonoscopy)

Screening Option

Cancer prevention tests vs. cancer detection tests



Cancer prevention tests vs. Cancer detection tests



Screening Tests for CRC

Screening Test	Sensitivity	Specificity	Cost	Patient Information
guaiac-based FOBT	Variable	Variable	Very Low	<ul style="list-style-type: none"> • 3 consecutive stool sample at home • Low risk • (+) → follow-up colonoscopy
Fecal Immuno-chemical Tests (FIT)	Variable	Variable	Low	<ul style="list-style-type: none"> • Stool sample • Low risk • (+) → follow-up colonoscopy
stool DNA panel	Variable	High	N/A	<ul style="list-style-type: none"> • Adequate stool sample ($\geq 30\text{g}$) • Low risk • (+) → follow-up colonoscopy
Double-contrast barium enema (DCBE)	Low	Low	Medium	<ul style="list-style-type: none"> • Complete bowel preparation • Risk (+) : perforation, bleeding • (+) → follow-up colonoscopy
Flexible sigmoidoscopy	Medium	Medium	Medium	<ul style="list-style-type: none"> • Complete bowel preparation • Low risk • (+) → follow-up colonoscopy
Colonoscopy	High	High	High	<ul style="list-style-type: none"> • Complete bowel preparation • Risk (+) : perforation, bleeding
CT colonography (CTC)	Medium	Medium	High	<ul style="list-style-type: none"> • Complete bowel preparation • Low risk • (+) → follow-up colonoscopy

Adopted from Screening for Colorectal Cancer from American College of Physicians. Ann Intern Med. 2012

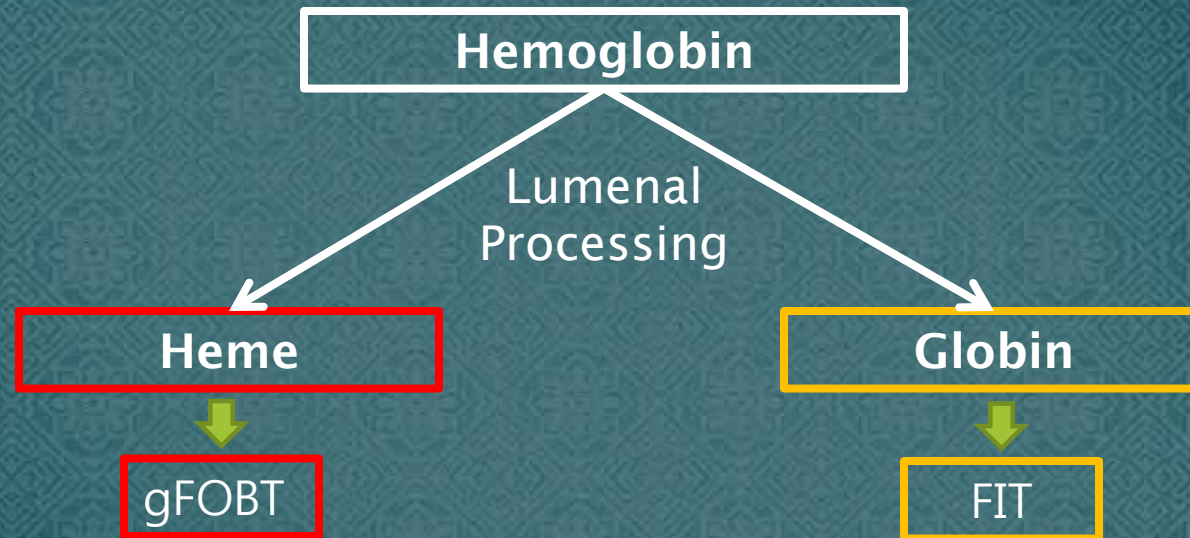
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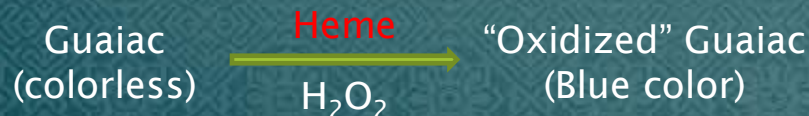
Adopted from Screening for Colorectal Cancer from American College of Physicians. Ann Intern Med. 2012

Fecal Immunochemical Tests (FIT) vs. Guaiac Fecal Occult Blood Test (gFOBT)

.....



* Method



- * Interfered with plant peroxidases and red meat; Vit C
- * Detects bleeding from entire GIT

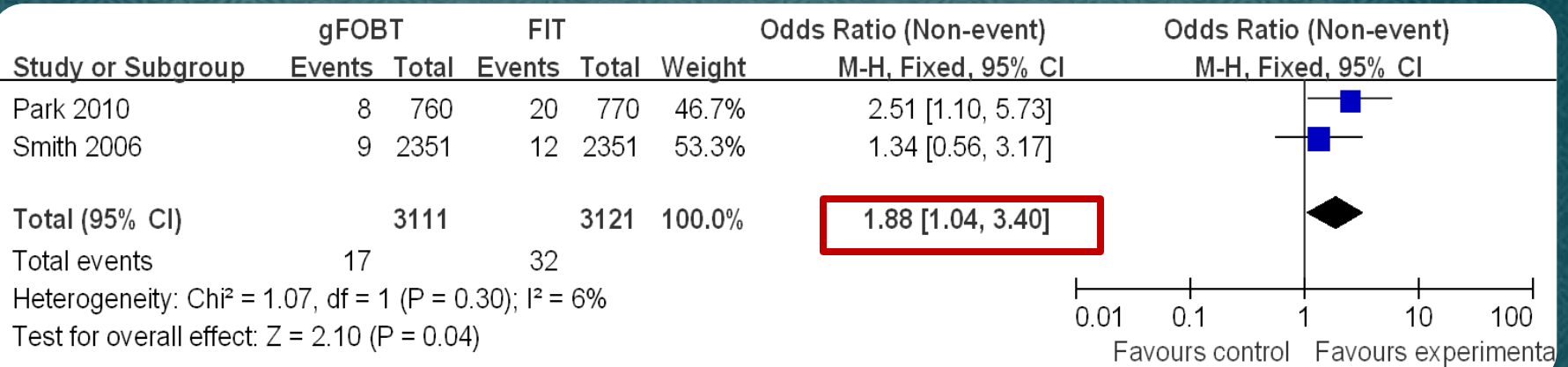
* Method

: Antibody detects Globin

- * No dietary interference
- * Detects only colonic bleeding when occult

Fecal Immunochemical Tests (FIT) vs. Guaiac Fecal Occult Blood Test (gFOBT)

* Meta-analysis: 대장암 진단능력



대변잠혈검사는 대장암의 선별검사로 적당한가?

* Four randomized controlled trials

Study	Screening vs. control	Mean FU time	Absolute risk reduction	RR (95% CI)
UK	76466/76384	11 years	11/100,000	0.87 (0.78-0.97)
Denmark	30967/30966	17 years	16/100,000	0.84 (0.71-0.99)
USA	31157/15394	18 years	27/100,000	0.75 (0.62-0.91)
Sweden	34144/31164	15.5 years	11/100,000	0.84 (0.71-0.99)

* FOBT screening

- * overall: 17% risk reduction of CRC mortality
- * actually attended at least one screening: 25% risk reduction

Hardcastle JD et al. Lancet. 1996;348:1472
Kronborg O et al. Lancet. 1996;348:1467

Mandel JS et al. J Natl Cancer Inst. 1999;91:434
Mandel JS et al. N Engl J Med. 2000;343:1603

Double-contrast barium enema는 대장암 선별검사로 적당한가?

✿ 대장암 진단 민감도: 85%~97%

✿ 대장 폴립

✱ 민감도

✱ ≥ 10 mm: 48%

✱ 6-9 mm: 53%

✱ 진행 샘종: 75% (6/8 on DCBE)

이중조영바륨관장술이 대장암
연관 사망률을 낮출 수 있는지에
대한 연구는 제한적

Zauber AG et al. Author reply. N Engl J Med. 2000;343:1729-1730.

✱ 특이도: 82.3%



Flexible sigmoidoscopy는 대장암 선별검사로 적당한가?

Articles



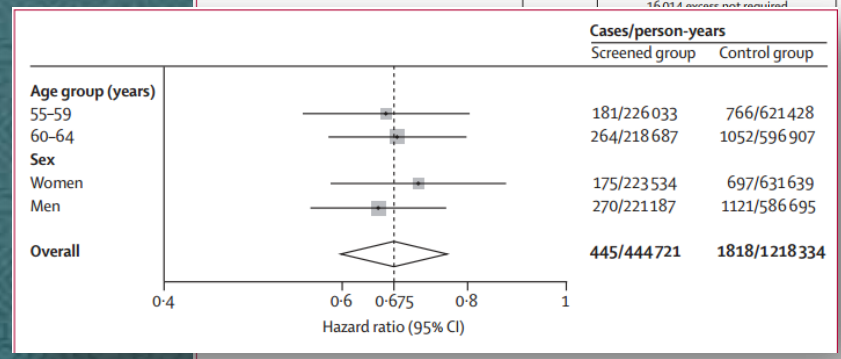
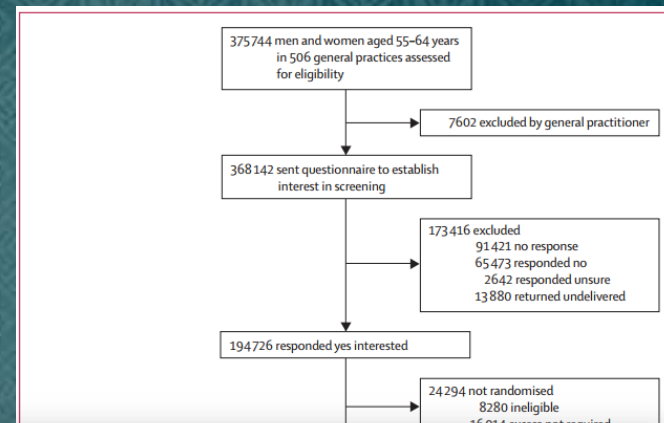
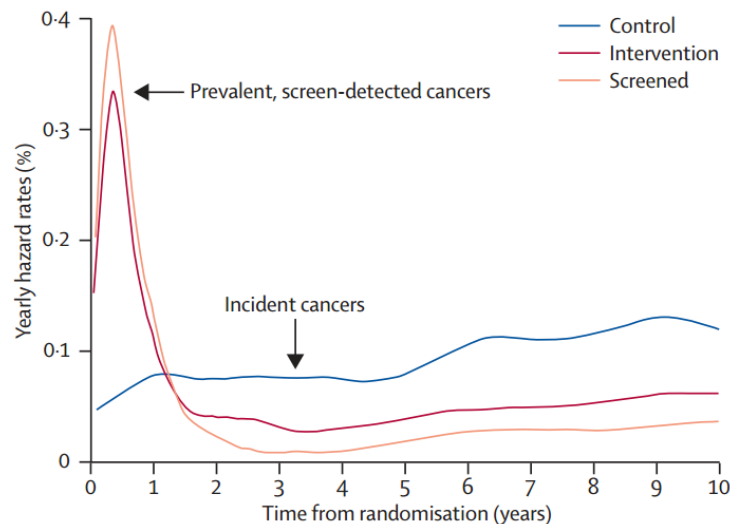
Once-only flexible sigmoidoscopy screening in prevention of colorectal cancer: a multicentre randomised controlled trial

Wendy S Atkin, Rob Edwards, Ines Kralj-Hans, Kate Wooldrage, Andrew R Hart, John M A Northover, D Max Parkin, Jane Wardle, Stephen W Duffy, Jack Cuzick, UK Flexible Sigmoidoscopy Trial Investigators

Summary

Background Colorectal cancer is the third most common cancer worldwide and has a high mortality rate. We tested the hypothesis that only one flexible sigmoidoscopy screening between 55 and 64 years of age can substantially reduce colorectal cancer incidence and mortality.

Lancet 2010; 375: 1624-33
Published Online
April 28, 2010
DOI:10.1016/S0140-



✿ Flexible sigmoidoscopy is a safe and practical test and, when offered only once between ages 55-64 yrs, confers a substantial and longlasting benefit.

Flexible sigmoidoscopy는 대장암 선별검사로 적당한가?

☀ Limitation

- * Isolated proximal CRN
→ Can not prevent proximal CRC
- * If (+) finding
→ f/u colonoscopy
- * Low preference of patients and endoscopists
- * Cost compared to colonoscopy

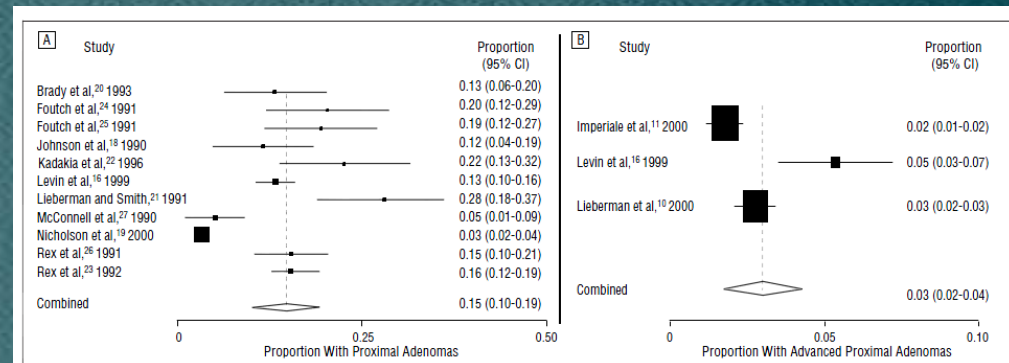


Figure 4. Summary plots of the proportion of patients without distal adenomatous polyps who have isolated proximal adenomas. A, The results for any isolated proximal adenoma. B, The results for isolated advanced proximal adenomas. Pooled estimates are derived from the random-effects model. CI indicates confidence interval.

Table 3. Pooled Estimate of the Prevalence of Isolated Proximal Neoplasms

Inclusion Criterion	Any Adenoma, % (95% CI)		Advanced Adenoma, % (95% CI)	
	Random Effects	Fixed Effects	Random Effects	Fixed Effects
Published articles before July 2000	14.6 (9.7-19.4)	6.7 (5.8-7.6)	3.0 (1.6-4.3)	2.4 (1.9-2.8)
Published articles before July 2000 plus abstracts	15.2 (10.6-19.8)	7.1 (6.2-8.0)	3.1 (2.2-4.1)	2.6 (2.2-3.0)
Published articles before July 2000 plus article after July 2000	14.0 (10.2-17.8)	8.4 (7.7-9.1)	2.4 (1.1-3.7)	1.3 (1.1-1.6)
Published articles before July 2000 plus abstracts and article after July 2000	14.6 (11.0-18.2)	8.6 (7.9-9.3)	2.8 (1.7-3.9)	1.5 (1.3-1.8)

Abbreviation: CI, confidence interval.

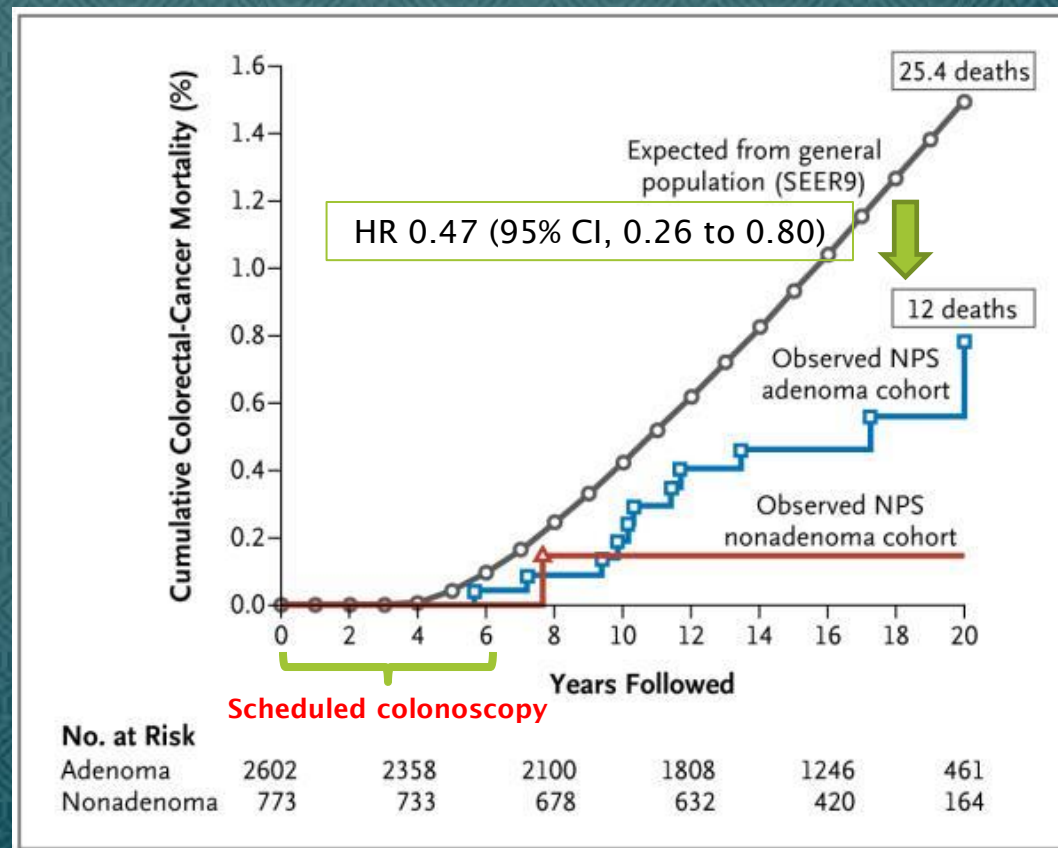
Lewis et al. Arch Intern Med 2003

Preferred CRC prevention test: Colonoscopy



Colonoscopic polypectomy and long-term prevention of CRC deaths

- * National polyp study : long-term effect (23yrs) of colonoscopic polypectomy



Limitations of Colonoscopy

1. Interval CRC after polypectomy or negative findings on baseline colonoscopy
 - * NCI Pooling Project
 - : overall rate of interval cancer = 1.1–2.7/1000 person-years of f/u
2. Important lesions are missed at baseline colonoscopy
 - * CT colonography studies
 - * Up to 17% of lesions $\geq 10\text{mm}$ are missed in optical colonoscopy
3. Adenomas may be incompletely removed at the time of baseline colonoscopy
 - * Study of patients with large sessile polyps ($>2\text{ cm}$)
 - * 17.6% had residual adenomatous tissue when reexamined.

Limitations of Colonoscopy

4. Interval CRC may biologically differ from prevalent CRC
 - * Interval lesions are more likely located in the proximal colon, be MSI unstable, and have CpG island methylator phenotype
 - * De-novo cancer

5. Quality of baseline colonoscopy is associated with risk of interval cancer
 - * Large Polish study
 - * if the ADR in screening examinations < 20%, a significantly higher risk of interval cancer occurred in the next 5 years